We encourage all patients to reach out to one of the following Primary Care Providers to ensure that you are continuing to take care of your health from home, through telemedicine.

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone Number</th>
<th>Physicians</th>
</tr>
</thead>
<tbody>
<tr>
<td>CV Family Practice</td>
<td>928-425-7108</td>
<td>Dr. Douglas Campbell, Dr. Travis Charles, Mark Wyma PA-C, Tyler Foulger PA-C</td>
</tr>
<tr>
<td>CV Red Rock Clinic</td>
<td>928-425-8151</td>
<td>Dr. Joseph Ring, Dr. Bradley Werrell, Tyler Foulger PA-C</td>
</tr>
<tr>
<td>CV Clinics @ the Hospital</td>
<td>928-425-3247</td>
<td>Beau Bradley PA-C, Zach McBride PA-C</td>
</tr>
<tr>
<td>CV Pediatrics</td>
<td>928-425-3247</td>
<td>Dr. Murray Caplan</td>
</tr>
<tr>
<td>CV Superior Clinic</td>
<td>520-689-2423</td>
<td>Blaine Jensen, PA-C, Dr. Douglas Campbell</td>
</tr>
<tr>
<td>CV Tonto Basin Clinic</td>
<td>928-479-2871</td>
<td>Dr. Douglas Campbell, Beau Bradley PA-C</td>
</tr>
<tr>
<td>CV Pleasant Valley (Young, AZ)</td>
<td>928-462-3435</td>
<td>Blaine Jensen, PA-C</td>
</tr>
<tr>
<td>CV Kearny Clinic</td>
<td>520-363-5573</td>
<td>Michael Smith, PA-C</td>
</tr>
</tbody>
</table>

**Information on COVID-19**

- A physician must recommend testing and that is why it is so important to follow these instructions:
  1. If you are experiencing severe symptoms of:
     - Fever
     - Cough
     - Shortness of breath
• CALL YOUR PRIMARY CARE PHYSICIAN FIRST BEFORE GOING INTO THEIR OFFICE.
• THEY WILL INSTRUCT YOU ON THE PROTOCOL THEY HAVE SET UP FOR YOUR VISIT.

2. IF YOU ARE HAVING SEVERE SYMPTOMS AND NEED TO COME INTO THE ER:
• PLEASE CALL AHEAD TO 928-425-3261, EXT. 1026, THE STAFF WILL GIVE YOU INSTRUCTIONS AND THEY WILL TAKE PROPER PRECAUTIONS TO CARE FOR YOU.

PRECAUTION AND SLOW DOWN OF THE SPREAD– Help protect the most vulnerable

• The CDC recommends you wear a mask when out in public places. Because of the lack of Personal Protection Equipment, the CDC is recommending the use of cloth masks.
  o Wash or sanitize hands every time you touch your mask.
  o Wash the cloth mask every day/night.
  o “A cloth face covering is not intended to protect the wearer, but it may prevent the spread of virus from the wearer to others.” “This is to protect people around you if you are infected but do not have symptoms.” - Center for Disease Control and Prevention
• WASH YOUR HANDS frequently for at least 20 seconds.
• Keep a safe distance from others (Social Distancing), 6-10 feet.
• Cough/sneeze with your mouth tightly nestled into your elbow or into a tissue tightly around your mouth. Wash or sanitize your hands after each event.
• Refrain from touching the “T Zone” of your face --- eyes, nose, or mouth.
• Avoid close contact with sick people.
• Clean and disinfect high-touch surfaces often.
• Avoid shaking hands or other close contact greetings.
• Stay home when you are sick.
• Coronavirus Disease spreads through close personal contact with a sick person.
• Symptoms may show up 2-14 days after contact with an infected individual.

FOR THE MOST CURRENT INFORMATION:

• AZ Department of Health Services: https://www.azdhs.gov/